# The Wooden Whisk LUNCH

GRILLED TASMANIAN SALMON Served with Chat Potato Crispy, Broccolini and Lemon Herb vinaigrette	26
CHILLI GARLIC PRAWN SPAGHETTI	25
Chilli garllic tiger prawn, Sautéed spinach with a touch of House-made Napoli sauce	20
<b>Chilli Kale Bowl</b> (GF,DF) Sauté mix kale greens with crispy chickpeas, Grilled broccolini, Sweet potato hummus, Poached eggs With <u>Haloumi</u> or <u>Chorizo</u> ( <u>Pumpkin</u> for vegan option)	22
<b>Pull Pork Salad</b> Roasted dukkha cauliflower, Soft Pull Pork, Mixed bi-color fresh cabbage, pickled red radish, Topped with crispy wonton wraps	23
SAUTÉ MUSHROOM (V) 23	
confit cherry tomato, Sweet potato hummus Spread, Beetroot relish, Quinoa & Soya bread beddin topped with Italian balsamic glaze , Parmesan cheese & Poached egg	٩G
<b>BRAISED LAMB SHOULDER PEARL COUSCOUS SALAD</b> (GF/DF AVAILABLE) FRESH MIX LETTUCE AND PEARL COUSCOUS, SLOW COOKED BRAISED LAMB WITH ROASTED PUMPKIN, POMEGRAM MOLASSES AND SEEDS GARNISHED WITH PISTACHIO & HOUSE DRESSING	25 NATE
<b>Smashing Greens</b> (V, GF/DF/VG available ) Fresh mix Pickled fennel, Zucchini Ribbons and rocket with house dressing, in a quinoa toast an smash avocado garnished Toasted Seeds, Pistachio, Danish Feta & Poach Egg	22 D
<b>GRILL HALOUMI SALAD</b> (V, GF) Freshly toasted Pickle fennel, Kale, Zucchini side with sweet potato hummus top with grilled halloumi and red pickle cabbage, seeds and drizzled Balsamic vinegar.	21
CHICKEN FENNEL AND FETA SALAD (GF/DF available) (Avocado for vegan option) Fresh mix Zucchini Ribbons, pickled fennel, rocket with house dressing, grilled chicken garnish with feta cheese and pine nuts	21 HED
RAW LEAN & GREEN BOWL (VG AVAILABLE )	19
Mixed of Kale, Asparagus & Broccoli rice, Avocado, Fetta , Pistachio & Seeds, Lemon, Soft poache egg ADD: Grilled chicken 5.5 Smoked salmon 7	D
W.W CHEESE BURGER SERVED WITH SHOESTRING FRIES Coorong's angus beef, cos lettuce, Tomato slices ,Smoke bacon, Caramelized onion, American che ,BBQ, American mustard	23 EESE
<b>GRILLED CHICKEN BURGER</b> <i>Served with Shoestring Fries</i> Marinated chicken thigh served fresh sliced tomato, avocado smash, Swiss cheese and chipotle s	23 SLAW
<b>ORIENTAL PULLED PORK BURGER</b> SERVED WITH SHOESTRING FRIES (GF NOT AVAILABLE ) SLOW COOK PULLED PORK ,ASIAN SRIRACHA SLAW, SWISS CHEESE, GHERKIN	23
<b>CLASSIC B.L.A.T</b> Served with Shoestring fries Double smoked bacon, Cheese, Avocado, Lettuce, Tomato, Aioli on Brioche bun	23
<b>Classic Croque Madame</b> <i>Served with Shoestring fries</i> Double smoked ham, Swiss cheese, Béchamel, Grated parmesan cheese ,French mustard, Fried eg	23 G
SANDWICHES (GF BREAD AVAILABLE) <i>SERVED WITH SHOESTRING FRIES OR SALAD</i> TUNA, POACHED EGG, OLIVES, SPINACH ONION, AIOLI ASIAN PULLED PORK, AIOLI, CABBAGE & MINT SLAW (GF NOT AVAILABLE) ROAST CHICKEN AVOCADO, TARRAGON, LEMON, MIXED LEAVES & AIOLI GOAT CHEESE, GRILLED ZUCCHINI, PUMPKIN, TOMATO, SPINACH & PESTO AIOLI OUR RUEBEN, NEW YORK'S STYLE CORNED BEEF, SWISS CHEESE, PICKLES, CABBAGE, MUSTARD, LIGHT RYE	18.5
Sides :	
HASH BROWN, GRILL TOMATO, RICOTTA, FETTA 3 POACHED/FRIED EGG, SPINACH 3.5 SWEET YOGHURT, AVOCADO, PUMPKIN 4.5 BACON, HALLOUMI ,GRILLED CHICKEN, MUSHROOM, HAM	5.5

SCRAMBLED EGGS, CHORIZO 6 SMOKED SALMON 7 SHOESTRING FRIES 7.5 PULLED PORK, BRAISED LAMB 8

## The Wooden Whisk LUNCH

### COFFEE FROM SINGLE O

A SPECIAL WOODEN WHISK BLEND, FULL BODIED, SWEET EARTH AND CHOCOLATE TONES & A SPICE-TONED FINISH. THIS BLEND IS BOLD, YET SWEET AND NOT BITTER. THE ORIGINS ARE SANTA ANA EL SALVADOR, GRAYLAND SUMATRA AND INDIA

CAPPUCCINO, FLAT WHITE, LATTE, LONG BLACK, HOT CI	HOCOLATE REG \$5.0 / LRG \$5.5
chai latte, Matcha Latte ,Ginger Latte	REG \$5.0 / LRG \$5.5
Mocha, dirty chai	REG\$5.5 / LRG \$5.8
PICCOLO, EXPRESSO, MACCHIATO	\$4.0
ICED LATTE, ICED MATCHA, ICED LONG BLACK, AFFOGA	го \$6.8
ICED COFFEE/MOCHA/CHAI /CHOCOLATE * BLEND AS R	EQUESTED \$7.9
ALTERNATIVE SOY, ALMOND ,OAT, SPECIALTY SINGLE	ORIGIN BLEND \$0.8
<b>EXTRA'S</b> STRONG, DECAF, LACTOSE FREE MILK,	Caramel/ vanilla/ hazelnut \$0.8
HONEY & HONEY ON SIDE	\$0.3

#### ORIGIN ORGANIC LOOSE LEAF TEAS \$5.00

ENGLISH BREAKFAST, EARL GREY, CHAMOMILE, LEMONGRASS & GINGER ORANGE PEKOE, PEPPERMINT, JASMIN GREEN TEA, FOREST BERRY

\$6.50	*SINGLE ORIGIN SELECTION WITH ICE & ORANGE SLICES*
\$6.00	*W/ ROSE PETALS*
\$6.00	*WET CHAI MIX WITH HONEY (OPTION TO BREW WITH MILK)
\$6.00	*ON SINGLE ORIGIN BLEND
	\$6.00 \$6.00

#### FRESHLY SQUEEZED JUICES (400ML) \$7.90

MAKE YOUR OWN: APPLE, CARROT, ORANGE, CELERY, BEETROOT, CUCUMBER, GINGER, MINT, WATERMELON

BEET	BEA	UTY
BEETR	оот.	CARROT.

BEETROOT, CARROT, APPLE & GINGER THE VEGIE PATCH CUCUMBER, CARROT, GINGER, CELERY, BEETROOT

#### NATURE GREEN

SPINACH, CUCUMBER, CELERY, APPLE **THE DETOX** PEAR, LIME, MINT & APPLE

SMOOTHIES	\$7.90	FRAPPE	\$7.90
	END WITH MILK, YOGHURT & HONE	NONE DAIRY REFRESH	HING BLEND, WITH ICE,
BONZA BREKKY	BANANA, BLUEBERRY,	FRUIT & JUICE	
	OAT & FLAXSEED	LYCHEE ZING	LYCHEES, MINT
VERY BERRY	RASPBERRY, BLUEBERRY, STRAWBERRY, CRANBERRY JUICE	MANGO PASSION	LIME & APPLE JUICE MANGO, MANGO NECTAR, PASSIONFRUIT
BANANA SPICE	BANANA, CINNAMON	WATERMELON	WATERMELON, MINT

#### SUPER SMOOTHIES

GREEN NINJASPINACH, LIME, GINGER, CHIA SEEDS, APPLE, ORANGE, MANGONUTTY PROFESSORCHOC PROTEIN, BANANA, PEANUT BUTTER (WITH DOUBLE ESPRESSO \$1)ORGANIC ACAI(DF) ORGANIC ACAI BERRY, BANANA, GUARANA, CANE SUGAR, CHIA SEEDS

\$8.50

FLAVOR	THICK	(SHAKE \$7.9	KID	MILKSHAKE	\$5	
COFFEE ,	, VANILI	LA , CHOCOLATE, CA	RAMEL, BANAN	A, STRAWBERR	Y	
SAN PELI	LEGRIN	O SPARKLING , KOM	ibucha, Bunda	BERG BREWS,	Noah's juice	\$5.90
COCA CO	LA, CO	KE ZERO, BOTTLE W	/ATER			\$3.50
BEVERA	GES					
ASAHI	\$8.5	Corona Extra	\$8.5			
	+	Corona Extra Oakridge	\$8.5 \$10/\$42	PINOT O	RIS SIDEWOOD	\$10/\$42
	+		•	Ρινότ Ο	RIS SIDEWOOD	\$10/\$42
CHARDON	+	OAKRIDGE	\$10/\$42	Pinot 0	ris Sidewood	\$10/\$42

<u>PLEASE</u> inform staff if you have allergies or intolerances. Menu changes to dietary and allergy concerns 10% Surcharge apply on Public Holidays