

SEASONAL NEW



RUMBLE SALMON BOWL

23

GRILL SALMON PIECES , TRI-COLOR QUINOA , EDAMAME, CUCUMBER SLICES , AVOCADO, CHERRY TOMATO, PICKLED FENNEL , ROASTED PUMPKIN, SESAME , SALAD MIX , FRENCH DRESSING

CREAMY PESTO CHICKEN PASTA

23

SAUTÉ MUSHROOM , PESTO ON PENNE TOP WITH SUNDRIED TOMATO STRIP & TOASTED PINE NUT

BIG WOODEN BREAKY

28

SPANISH CHORIZO, SAUTÉ MUSHROOM, POACHED EGGS, GHERKIN, GRILLED HALOUMI, CHERRY TOMATO, BACON, HASH BROWN, SOURDOUGH

TWIN BAO

19

ASIAN BRAISED PORK BELLY, SLAW, PICKLE DAIKON, CORIANDER, CHILI, SIRACHA MAYO, AND SESAME SEEDS , WITH CRISPY BAO
SOUTHERN FRIED CHICKEN, SLAW, PICKLE DAIKON, CHIPOTLE MAYO AND CHEESE, WITH CRISPY BAO

FALAFEL SCOTCH EGGS (V)

24

CONFIT CHERRY TOMATO, SPINACH, DUKKHA CAULIFLOWER, ROASTED PUMPKIN, CRISPY CHICKPEA & AVO SERVICED WITH TAHINI DRESSING

COCONUT GRANOLA ACAI BOWL (V)

20

FRESH FRUITS, MIXED BERRIES, PEANUT BUTTER SPREAD

CORN & ZUCCHINI FRITTER

24

SWEET CORN MIXED WITH ZUCCHINI , SWERVED WITH HOUSE MADE TOMATO- AVO RELISH, BACON, POACHED EGG

SMOKED SALMON DELIGHT (GF AVAILABLE)

23

SMASHED AVO, CRISPY KALE , CHERRY TOMATOES, POACHED EGG, PICKLE GREEN TOMATOES, ALMOND FLAKES, HOLLANDAISE SAUCE , QUINOA & SOYA BREAD.



TOASTED MIXED SEEDED BAGEL

17

- GRILL HALOUMI , SLICED AVO, BACON
- SMOKED SALMON, CREAM CHEESE, SUMAC ONION
- GRILL SLICES CHICKEN BREAST AND AVO SPREAD